

## So How Long Will It Take ?

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The amount of skin originally amputated, the size of your penis, and your own persistent efforts will all determine how long it will take you to restore yourself. The time reported varies widely. An optimal foreskin restoration will take three to six years. But the rewards will last the rest of your life!

You should feel increased sexual sensitivity on the glans of your penis within 30 days. It may take four months to see new skin. Within nine months, you will probably find that you can use your new skin to stimulate your glans.

## How to Order the Kit

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Order on-line today at our secure web site, **www.RestoreYourself.com** or call us toll-free at: **(877) NO-2-CIRC** or send a check or money order for **\$42.95** (includes shipping and handling) payable to **NOCIRC**. Outside of North America, add \$10.00 for shipping.

Your privacy is always absolutely assured.

### *30-Day Money-Back Guarantee!*

If you are not pleased with the kit, just return it within 30 days for a refund, less shipping costs.

The rolls of special tape supplied with the kit will last two to three months. Additional tape can be purchased as needed and will total about \$150 over the course of three years.

Profits from the sale of this kit are spent entirely on advertising and promoting foreskin restoration using the *Restore Yourself* kit.

## About NOCIRC

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The National Organization of Circumcision Information Resource Centers (NOCIRC) educates parents and health care providers about infant circumcision. NOCIRC is internationally recognized as the center of expertise on circumcision. It is a non-profit, 501(c)3 organization of health activists and healthcare professionals.

## Warnings

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Statements in this pamphlet have not been evaluated by the US Food and Drug Administration. Information in this pamphlet is not intended to diagnose, treat, cure or prevent any disease.

This material is provided for your information only. *It is not medical advice.* Use of the information provided in this pamphlet and the materials in the **Restore Yourself** kit is *at your own risk.*

Foreskin restoration is not a cure for any medical disease or sexual dysfunction, such as impotence or premature ejaculation. It is not medical treatment.

No warranties, expressed or implied, are offered.

**If you have any medical condition, symptom or dysfunction affecting or related to your genitals, or if you have any health questions or concerns, first consult a competent and caring doctor.**

**DO NOT RESTORE IF:** You are prone to abnormal bleeding; have a blood clotting disorder; have problems related to blood circulation; suffer from any peripheral vascular or nerve disease; have diabetes; have Peyronie's disease; are a "keloid former"; have adverse reactions to the adhesive tape.

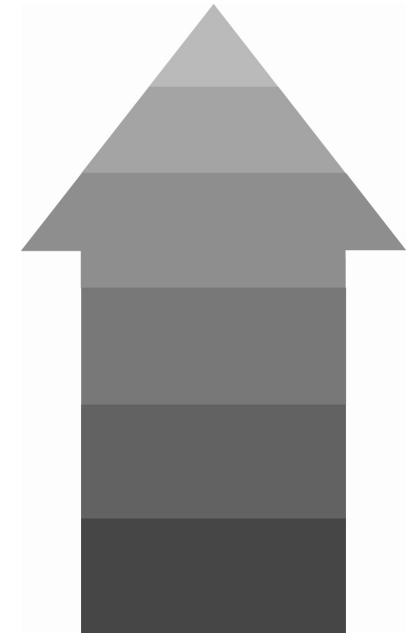
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**RestoreYourself.com**

**Restore Yourself!**  
**A**  
**Handy Kit**  
**for Circumcised Men**



**Discover**  
**the Joys of**  
**Un-Circumcising**

**RestoreYourself.com**

# Why Restore Yourself ?

Something in your life is missing. It was cut off a long time ago . . .

Soon after you were born, someone cut off part of your penis without your permission and threw it in a trashcan.

The foreskin of your penis had three functions: **protective, sensory, and sexual**. When it was amputated by circumcision, all of these functions were lost.

The pleasure you experience with your penis was forever diminished.

## “You Mean I’m Damaged ?”

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Yes, circumcision permanently damaged you. This damage should be self-evident: **part of your penis is missing!**

Circumcision stripped away and amputated your healthy skin and mucous membrane that would now be a sleeve of highly specialized flesh with a surface area 3 inches long and 1-1/2 inches in diameter.

Unfolded, the skin you are missing would be about the size of a 3 by 5-inch index card. This tissue, **over one-third of the skin of your penis**, would have performed protective, sensory and sexual functions for you for the rest of your life.

All of the sexual sensitivity in your foreskin was lost when you were circumcised. Furthermore, as you age, the sensitivity of your *glans* (head of the penis) is diminished because it has no foreskin for protection.

Circumcision robbed you of pleasure. It robbed your penis of function. It censored your sexual experience. Maybe it’s time for you to discover just what you’ve been missing . . .

## The Friendly Foreskin

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The foreskin preserves the normal sensitivity of the glans by keeping it covered. It smoothly glides back and forth over the glans with its own natural lubricants, engaging the glans in a partnership of mutual stimulation. The foreskin naturally stimulates the glans while the glans naturally stimulates the foreskin.

The foreskin performs specific functions during sexual intercourse, providing smoother and more delightful sexual stimulation for both partners. Nature’s design is beautiful, efficient, and rewarding!

## The Joys of Un-Circumcising

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If you miss the natural functions of a foreskin, then the **Restore Yourself** kit can help you. Foreskin restoration gives you new skin to cover your glans and the gliding motion found in a natural penis. It will compensate for some of the damage caused by your circumcision.

Men who are restoring themselves report a significant increase in the sensitivity of their glans. They report an increase in stimulation during sexual activity. Their partners also report more pleasure. These men say that their glans finally has a “home” to live in.

Thousands of men have successfully grown a new sheath of skin that looks like the covering nature intended them to have. While foreskin restoration takes a lot of patience and persistence, it really does work!

Foreskin restoration has been performed for over 2,000 years, using various methods. Foreskin restoration using the modern **T-Tape Technique** is a very popular method. No weights, cones, or complicated and expensive contraptions are required.

It is important to understand and accept that foreskin restoration cannot restore nerve endings nor can it replace all the functions lost to circumcision.

## How It Works

It is a scientific fact that skin grows in response to the application of continuous tension. Skin expansion techniques using continuous tension have been applied for years to treat victims of various illnesses and injuries.

A **T-Tape** is a paper “foreskin”. Once applied to the shaft skin of your penis, a T-Tape can be clipped to a hidden elastic strap that exerts continuous tension. This tension will gradually cause more skin to grow forward on the shaft of your penis, providing you with a new and permanent sheath of skin.

### A Little Foreskin Goes a Long Way

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You won’t have to wait long to discover the joys of un-circumcising. When your glans is continuously covered like a glove using the T-Tape, it will naturally become softer and more sensitive.

You should begin to feel this increased sexual sensitivity within 30 days of the start of your restoration.

Why not improve your sexual experience by improving your sexual anatomy?

### A Handy Kit for Circumcised Men

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The **Restore Yourself** kit is guaranteed to give you **increased sexual sensitivity in 30 days**. It is safe, painless, and inexpensive. Using the kit is simple and takes only a few minutes a day.

The **Restore Yourself** kit includes quality materials to generate skin tension conveniently and consistently. All of the materials you need to start restoring come with this kit, including special tape, clips, elastic straps, scissors, and an excellent, illustrated instruction guide.

We have sold hundreds of these kits to satisfied men in 19 countries. As our valued customer, your privacy is always strictly maintained.